It Always Helps

gays Mrs. Sylvania Woods, of Clifton Mills, Ky., in writing of her & perience with Cardui, the woman's tonic. See say, further: "Before I began to use Cardui, my back and head would hurt so bad, I thought the pain would kill me. I was hardly able to do any of my housework. After taking three bottles of Cardui, I began to feel like a new woman. I soon gained 35 pounds, and now, I do all my housework, as well as run a big water mill.

I wish every suffering woman would give

The Woman's Tonic

a trial. I still use Cardui when I feel a little bad,

and it always does me good."

Headache, backache, side ache, nervousness, tired, worn-out feelings, etc., are sure signs of womanly trouble. Signs that you need Cardui, the woman's tonic. You cannot make a mistake in trying Cardui for your trouble. It has been helping weak, aining women for more than fifty years.

Get a Bottle Today!

IN SOCIETY

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By Jeanette H. Poland

Telephone 361

Hours 6:30 to 8:30 a. m.

6:30 to 9:30 p. m.

SOCIAL CALENDAR

Wednesday.

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Auction Bridge club. Ferndale Review club, Third Ward Mothers' club. Second Ward Mothers' club. # Broadway Methodist Young # Woman's Missionary society. Thursday.

Entre Nous club. Friday.

Fourth Ward Mothers' club. # Saturday. Burry Reading Class.

St. Philip's Guild bazaar.

Miss Etheline Hill of Muskogee is the guest of Mr. and Mrs. Morris

. . . Mrs. W. L. Harrell, from Cisco, Texas, is visiting her daughter, Mrs. Benson, Stevens.

Lily Bid Bridge.

The Idly Bid Bridge club will not new officers. meet Thursday afternoon.

Mr. and Mrs. Mark Kirkpatrick and son, Mark Jr., and Mrs. Kirkpatrick's father, Mr. Spaulding of Idabel, leave today for Hot Springs.

All Fourth ward patrons are urged to remember the Fourth Ward Mothdered.

Saturday afternoon at three o'clock at night. at the High school.

mony," by Percy Mackaye.

are invited and requested to spend inflamed mucous membrane, giving tomorrow, (Thursday) evening with you instant relief. Head colds and their secretary, Mrs. C. C. Lynch, 21 catarrh yield like magic. Don't stay Fifth avenue, northwest, Please bring stuffed-up and miserable. Relief is your Christmas sewing.

Episcopal Bazzar.

St. Philip's Episcopal Guild announces its annual Christmas bazane Interesting Notes of Feminine Sex All and tea for Saturday at the Guild room. The hours have been arranged from 11 a. m .to 5 p. m., in order en farmers, that the Barry Class members may Over 16,000 women are employed

Juseful, fancy and dainty articles will be for sale

Tea will be served all during the bazaar hours.

Everybody is invited,

Carter Avenue Home Mission. The Carter Avenue Home Mission society met Tuesday afternoon in an interesting session with Mrs. E. # P. Holder. There was a good attendance of members. The following of-

vear: President, Mrs. W. H. Eumpass, First vice-president, Mrs. Aston. Second vice-president, Mrs. Moyer, Minn. Corresponding secretary, Mrs. Hol-

Dues treasurer, Mrs. Freeman. Local treasurer, Mrs. Barringer.

Haynes, Mrs. Newman, Mrs. Oliver only woman's college in China. Agent for Missionary Voice, Mrs.

will assist in the installation of the way.

*********************** OPEN NOSTRILS! END A COLD OR CATARRH How To Get Relief When Head 2

and Nose are Stuffed Up. ****************

ers' club meeting Friday afternoon, catarrh disappears. Your clogged nosbreathe freely. No more snuffling, hawking, mucous discharge, dryness The Barry Reading class will meet or headache; no struggling for breath

Get a small bottle of Ely's Cream Mrs. Barry will read "Anti-Mat-i- Balm from your druggist and apply a little of this fragrant antiseptic cream in your nostrils. It penetrates through every air passage of the head, of the Broadway Methodist church soothing and healing the swollen or

ACTIVITIES OF WOMEN

Over the World.

Pennsylvania has nearly 7,000 wom-

on war work in England.

An unusually attractive number of Motorcycles that weigh less than

England for women. The Queen of Siam owns the most

100 pounds have been invented

costly thimble in the world. Women in Bulgaria are employed

on most all kinds of manual labor. Not less than 25,000 women are now vorking on the railroads of France.

Many of the women engaged in industry in England, have donned mas

Missouri has twenty-three women preachers of the Gospel who receive a yearly salary.

A school has been opened in Glasgow where women are taught the art of being car conductors. London is the one city in the Brit-

ish Isles that so far has held out against women tramway conductors. Glasgow, Scotland, has a munition factory where over 3,000 women are employed in making eighteen-inch

Princess Henry of Battenberg, governor of the Isle of Wight, is the only British woman ruler.

New South Wales has a farm of training of women for agricultural pur-

Queen Alexandra has always been in ardent patron of hospitals and nev-

Two energetic young women in Columbia, Mo., Misses Anna Young and Della Rumans, have opened up a large

Women may replace men as stewards on all the transatlantic liners as the result of conscription in Great

one of the best lady bridge players in that city.

In two Cleveland foundries 300 women run great punching and drilling machines, working side by side with the men machinists.

In a recent efficiency auto run, Miss Eva Cunningham of Haverhill, Mass., took first prize in the contest with eighty men competitors.

Miss Florence Powdermaker has been made assistant chemist in the Baltimore board of health, a position never before held by a woman.

Once more the Craig prize in dra-## ficers were elected for the enusing matic composition at Harvard has been won by a woman-Mrs. Charlotte Barrows Chorpenning of Winona,

Miss Blanche Ferree, who drives a delivery auto car for a Philadelphia Recording secretary, Mrs. Williams, florist, is the only woman holding such a position in that city.

Miss Fung Hin Liu, who was gradu-Superintendents of publicity, social ated from Wellesley a little more than service and supplies are: Mrs. a year ago, will assume control of the

Miss Pressley Smith, a prominent suffrage leader of England, has been The society will meet the first appointed as assistant secretary of the las club by Colonel Theodore Roose-Tuesday in January, Rev. Freeman British Legation at Christiania, Nor-

home-makers.

Dr. Anna Howard Shaw is to retire the kerosene circuits. after thirty years of continuous suffrage service and eleven years as president of the National American Count fifty! Your cold in head or Woman Suffrage Association.

"Art" Smith, the automobile racer, An interesting program will be ren- trils will open, the air passages of bas engaged Miss Marie Templeton, your head will clear and you can San Francisco girl, as his mechanician. Miss Templeton wears a jumper

Kate Larber, aged 13, has since she was 14 months old, taken virtually no courishment but coffee, which she drinks in large quantities, sometimes as high as twenty cups a day.

Most of the war supplies being shipped from Japan, are handled by Japanese women dock laborers, who wear short kimonos, which expose their muscular legs from the knees down, and their bare arms show great strength as they lift cases of shells and drag along the wheels of calss-

Mrs. Lucette Roberts, constable and Arizona, is now in the east, trying to raise money with which to open a tuherculosis hospital in her state.

two ranized woman's section of the navy league to enlist a million members by January I, to aid in the movement for national preparedness.

Students taking teachers' courses at Barnard College, are instructed in all the most prosaic of household duties, including cooking, millinery, dressmaking, household decoration and laundry work.

Twenty prominent Chicago women realizing that nurses can not be made in a day, have organized an emergency Red Cross nursing corps, and begun a hard course of training for the work that army nurses must do.

Miss Ella J. Slutz, a blind student at the Ohio state university, while only a freshman in the college, expects to finish the four courses on time. Miss Slutz is alone in the world and in her eagerness to fulfill her ambition to secure an education, is doing odd jobs ly relieves bladder trouble.

RUB RHEUMATISM

bottle of old, penetrating "St. Jacob's Oil."

What's Rheumatism? Pain only, Stop dragging! Not one case in ffity requires internal treatment. Rub soothing penetrating "St. Jacob's Oil" directly upon the "tender spot" and relief comes instantly, "St. Jacob's Oil" is a harmless rheumatism and sciatica liniment, which never disappoints and can not burn the skin,

Limber no! Quit complaining! Get a small trial bottle from your druggist, and in just a moment you'll be 2,500 acres fully equipped for the free from rheumatic and sciatic pain, soreness, stiffness and swelling. Don't suffer! Relief awaits you. Old, honest "St. Jacob's Oil" has cured millions of rheumatism sufferers in the er sends anybody to substitute for her. last half century, and is just as good for sciatica, neuralgia, lumbago, backache, sprains and swellings.

> about the school, for which she receives room and board free.

Miss Mary Nagel, daughter of former Secretary of Commerce and Labor The Countess Benchendorff, wife of Nagel, has echewed the pleasures of the Russian ambassador in London is society leader for the hard work of a hospital nurse, and has entered a St. Louis hospital as a first-aid nurse, where she works in apron and cap, in the emergency operating foom

> General Johre, head of the French army, has paid one of the highest possible honors to a British woman in conferring the rank of Medicin Major on Dr. Helen Sexton, Dr. Sexton is directress in chief of a hospital at Auteil which has been organized and financed by four Melbourne women of wealth.

> Why You Should Use Chamberlain's Cough Remedy.

Because it has an established reputation won by its good works. Because it is most esteemed by those who have used it for many years, as occasion required, and are best acquainted with its good qualities. Because it loosens and relieves a cold

and aids nature in restoring the system to a healthy condition. or any other narcotic,

all It only costs a quarter. Obtainable everywhere.

William Jennings Bryan has been elected to full fellowship in the Anan-Nazarene as a mollycoddle. On with Of the members of the Women's City the battle between the king of pre-Club of Boston, which represents at paredness and the Prince of Peace least thirty-nine professions, it is es- These noted Americans are splendid timated that nine out of every ten are copy makers for the newspapers as well as magnetic drawing cards on

Salts to Flush Kidneys and neutralize irritating acids.

Kidney and Bladder weakness result from uric acid, says a noted authority. The kidneys filter this acid from the blood and pass it on to the bladder, where it often remains to irritate and inflame, causing a burning, scalding sensation. or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times dur ing the night. The sufferer is in deputy sheriff of Santa Cruz county, constant dread, the water passes sometimes with a scalding sensation and is very profuse; again, there is difficulty in avoiding it.

Bladder weakness, most people call it, because they can't control urination. While it is extremely annoying and sometimes very painful, this is really one of the most simple allments to overcome. Get about four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, continue this for two or three days. This will neutralize the acids in the urine so it no longer is a source of irritation to the bladder and urinary organs which then act normally again.

Jad Salts is inexpensive, harmless and is made from the acid of grape and lithia, and is used by thousands of folks who are subject to urinary disorders caused by uric acid irritation. Jad Salts is splendid for kidneys and causes no bad effects what

Here you have a pleasant, effervesent lithla-water drink, which quick-

The Joy of Travel

To travel is indeed "to possess the world." It's the post graduate course, which adds the "finishing touch." It enlarges the vision and heart alike; it makes for a broader understanding, a kindlier and deeper sympathy-in a word, for true education. The present edition of

Burton Holmes Travelogues

is what you need.

Johnny-"Pa, what is a quandary" know whether she believes it or not." —Judge

food which has fermented. Get rid of this badly digested food as quickly as possible if you would avoid a bilious war. Of 30,000 tochears in the army. attack; HERBINE is the remedy you 2,057 school teachers have fallen in It cleanses and strengthens the stomach, liver and bowels, and re stores energy and cheerfulness, Price 50c. Sold by Bomar Drug Co.

Nero's "Lorgnette."

Nero, who was nearsighted, had a small transparent jewel, probably an accidentally formed lens, through which he watched the sports in the arena. The principle of the lens not being known, the power of the jewes was supposed to be of magical origin and the gem was regarded as a very wonderfui talisman.

Arthur Hammerstein will offer at the Robison opera house, Wednesday December 8, his latest and greatest Because it does not contain oplum musical offering, "High Jinks," Th book and lyries were written b Because it is within the reach of Otto Hauerbach. Rudolf Frimi con

> Yes-Many People have told us the same story—distress after eating, gases, hearthurn. A exall Dyspepsia before and after each meal will relieve you. Sold only by us-25c.

PRIDE THE TINNER

Ardmore Ice, Light & Power Company

PHONE ONE - FIVE - SIX Light your Home with Electricity

posed the sparkling score, "High Jinks" is sprightly in both song and Father "It's what a man gets into story and is filled with haunting when he tells his wife a lie and doesn't | melodies that linger in the memory.

The school teachers of France as well as the ecclesiastics, have done Gas in the stomach comes from their full duty toward their country since the beginning of the European battle, which 196 have received decorations for meritorious service.

Use Zemo for Eczema

Never mind how often you have tried and failed, you can stop burning, itching eczema quickly by applying a little zemo furnished by any druggist for 25c. Extra large bottle. \$1.00. Healing begins the moment zemo is applied. In a short time usually every trace of pimples, black heads, rash, eczema, tetter and similar skin disenses will be removed.

For clearing the skin and making it vigorously healthy, zemo is an exceptional remedy. It is not greasy, sticky or

remedy. It is not greasy, sticky or watery and it does not stain. When others fail it is the one dependable treat-ment for all skin troubles.

Zeno. Cleveland.

Best Leather and Workmanship On Every Job of

Shoe Repairing

Cross Electric Shoe Shop WE CALL FOR AND DELIVER

Fancy and Staple Groceries FEED AND PRODUCE PRICES THE VERY LOWEST

For Good Goods

(Satisfaction guaranteed with very purchase. . CDecember 1 will put on first class delivery ervice. (I am at 112 E. Main St., where I opened a grocery store 26 years ago this month (November). (Mr. Staggs will continue with me. (Côme and deal with us, or give your order to our delivery man, or

Phone No. 133



Let me send you FREE PERFUME Write today for a testing bottle of

PARFUMERIE ED. PINAUD, Department ML ED. PINAUD BUILDING



Beautiful Bust and Shoulders

The dragging weight of an unconfined bust so stretches supporting muscles that the contour of the figure is spoil BENJUE but the bust back where it belongs, prevent the full bust from having the appearance of flabbiness, climinate the danger of dragging muscles and confine the
flesh of the shoulder giving a

graceful line to the entire upper body.

They are the shintlest and most serviceable garments imagi-nable—one in all materials and styles: Cross linek, Hook Front, Surplice, Randeau, etc. Boned with "Waldin," the rustless borong—permitting washing without remayal. Have your dealer show you Bien Jolle Brassieres, if not stocked, we will gradly send him, prepaid, samples to show you. BENJAMIN & JOHNES, 51 Warren Street, Newark, N. J.

Grand Prize, Panama-Pacific Exposition, San Francisco, 1915 Grand Prize, Panama-California Exposition, San Diego, 1915

Baker's Breakfast Cocoa The Food Drink Without a Fault Made of high-grade cocoa beans, skilfully blended

> without the use of chemicals; it is absolutely pure and wholesome, and its flavor is delicious, the natural flavor of the cocoa bean,

and manufactured by a perfect mechanical process.

The genuine bears this trade-mark, and is made only by Walter Baker & Co. Ltd.

DORCHESTER, MASS.